

New from New World Music



Elysian Vibes 2

Contemporary, funky and layered with lush beats. 13 laid back quality tunes begin the unwinding process in your mind and body with breezy acoustics and vocals that come to you from a place of ultimate calm. The variety of instrumentations work to drag your mind's focus away from the every day urban grind; the tribal pulses and delicate electronic touches combine to create a supreme chill-out cocktail.



Under the Bodhi Tree

Close your eyes and imagine you are sitting under the wonderful Bodhi Tree with its heart-shaped leaves and legendary divinity.

The soft warm breeze of fluid instrumentation and exquisite delicacy soothes the worn and weary psyche... The rise and fall of the considered arrangements will take you through nature to the metaphysical, from the tribal rouse to the sublime exotic, from the most traditional to the funkier groove.



Reiki Healing Touch

Daniel does an exquisite job mixing traditional acoustic instruments, with tingshaw bells and synthesizer chords to create tender musical scenery. The music flows from one track to another seamlessly. This CD impacts on the spiritual healing and the physical hearing of the people listening. Rated as excellent among Reiki Masters.

Moving Stillness

The artists here pull from their respective traditions to recreate ritual music in modernity. We may no longer dance around fires, though those who get down in late-night clubs know the ecstatic rapture of dance. This down-to-mid tempo collection features musicians taking eclectic elements of their culture and history and making sense of them in song.



Breathe

In this unique program Grand Master Shakuhachi player, Dr. Riley Lee, leads you through 10 simple breathing exercises to promote health, vitality and well being. Learning correct breathing techniques can help you reduce stress levels, increase blood circulation, optimize oxygen intake, develop conscious awareness and can also assist asthma sufferers. The liner notes feature detailed descriptions of each exercise and background information on breathing and bonus footage on Taiko Drumming and Music by Riley Lee.



Meditation... Easy as ABC

Produced to assist in the understanding and practice of meditation to improve your health and wellbeing. Meditation and visualization can help reduce the harmful effect of stress and relax the mind, body and soul. The DVD features five meditations and four scenes to watch while you listen and enjoy inspiring music as well as an eight page guide to the three main principles: attention, breath and contemplation.

DVD Bonus Material: Featurette on Simonette Vajo

