

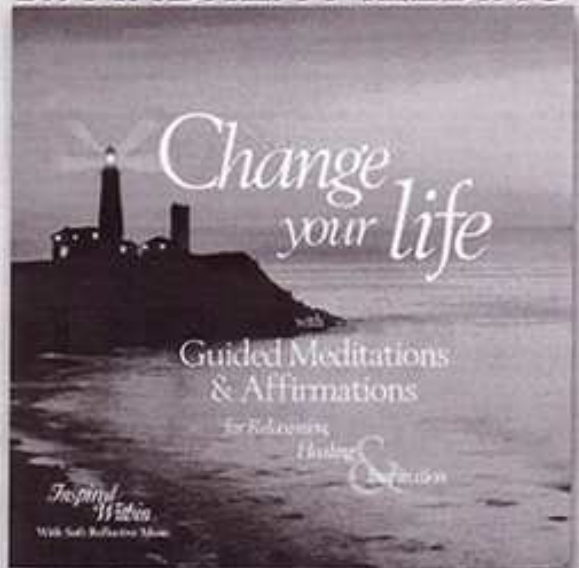
CHANGE YOUR LIFE

WITH GUIDED MEDITATIONS & AFFIRMATIONS

Andrea Fielding's CD would benefit anyone looking to find inner peace, overcome stress, anxiety and depression and help them to find a sense of purpose within their life. The *Change Your Life* CD has also proven to be very effective in helping people unwind and fall asleep naturally.

This CD will guarantee your relaxation, and help you with your natural healing abilities through positive affirmations and guided journeys. You will be taken away to a sacred Island of healing where you can rejuvenate your body, mind and spirit, releasing any stresses hindering your healing and sleeping process. With Andrea's guidance you can find that quiet place within and call upon your inner spirit to give you strength and guidance through your journey in life.

BY: **ANDREA FIELDING**



Retail: \$21.00
IW08632CD

"I got through the entire tracks and then blissfully fell off into a wonderful sleep. So, I can honestly say that this is a CD of RELAXATION! Beautiful job you've done - I loved both the angel massage and the sacred island visualizations. And the affirmations are powerful messages that everyone should be expressing every day. Wouldn't it be a much more peaceful place if we were to all go on this journey everyday! Thank you for your CD. I will definitely be recommending it to clients and friends. "

- Elaine

"Having cancer and living with it on a daily basis was extremely stressful. Even though I was at home during the day I wasn't able to fall asleep. The chemo treatments were exhausting but I still couldn't rest. I listened to your Change Your Life CD. All I remember was completely relaxing and the next thing I knew I had fallen into a wonderful deep sleep. Thank you ever so much for helping me rest. I needed it so badly."

-Joy

Inspired Within
www.inspiredwithin.com



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